

# **YOUR** *Teen and Alcohol* *Do YOU Really Know?*

## **FREE Maine Parents' Kit to help keep your teen safe**

**Monitor Your Teen • Signs To Watch For  
Maine Facts • Talk With Your Teen • Maine Law  
Medical Impact • Maine Resources for Parents  
Community Involvement • Self-assessment**



**Get your FREE Maine Parents' Kit Today**

*Download at* **[www.MaineParents.net](http://www.MaineParents.net)** *or call* **800-499-0027**

**OSA** MAINE OFFICE OF SUBSTANCE ABUSE

*Providing Leadership in Substance Abuse Prevention, Intervention and Treatment*